

**Theory** without practice is empty;  
practice without **theory** is blind.

Ara Institute of Canterbury, & Southern Educational Developers (SED). (2010). *Teaching Adults Poster and Visual Resource Project*. Ako Aotearoa.

**The person who does the** **Work**  
**does the** **Learning.**

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**The facilitator doesn't need  
to steer the ship,  
just be the**

**lighthouse.**

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**Adult learners need to know**  
**why they're learning,**  
**what they're learning and**  
**where it leads.**

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**“Tell me and I’ll forget;  
show me and I may remember;  
involve me and I’ll understand.”**

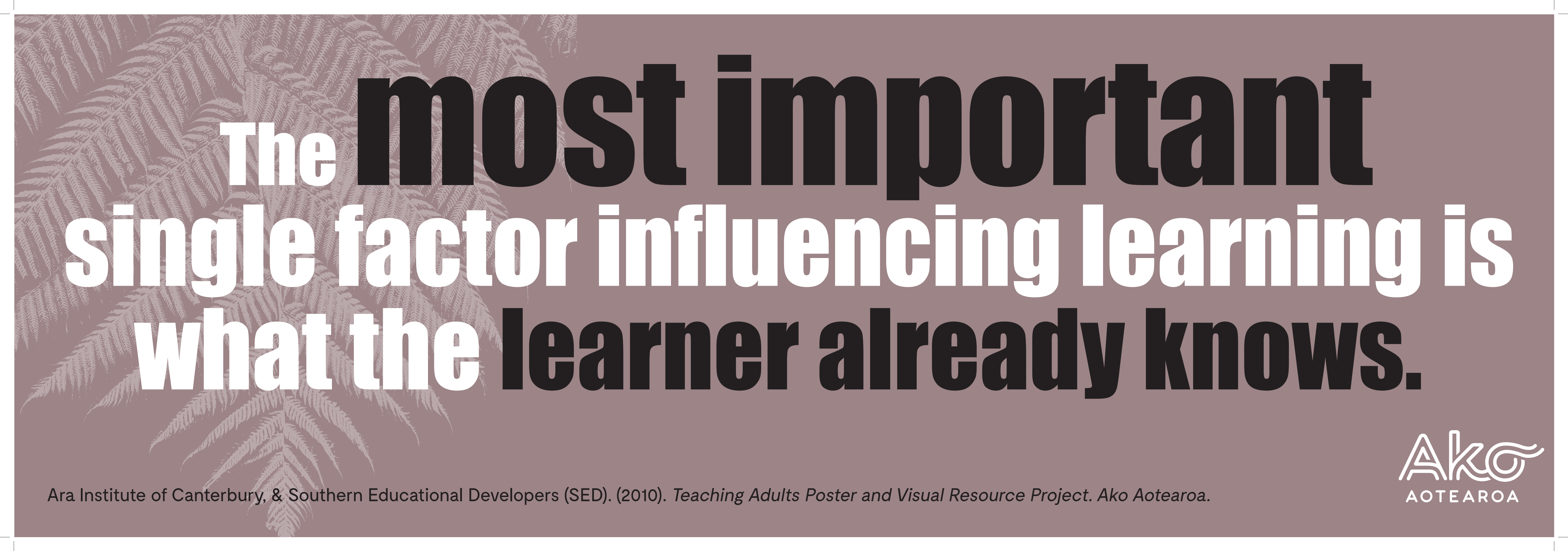
Ara Institute of Canterbury, & Southern Educational Developers (SED). (2010). *Teaching Adults Poster and Visual Resource Project*. Ako Aotearoa.



**Learning is a  
journey  
not a destination.**

**E kore  
e mutu  
te ako**

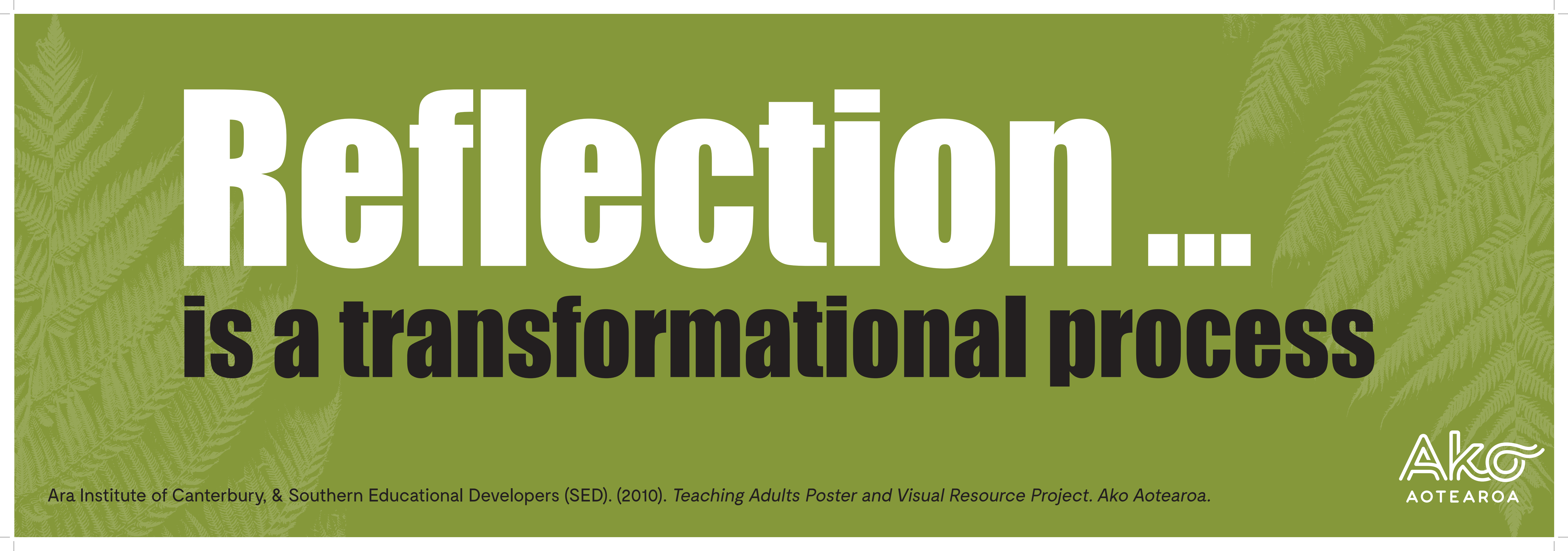
Ara Institute of Canterbury, & Southern Educational Developers (SED). (2010). *Teaching Adults Poster and Visual Resource Project*. Ako Aotearoa.



**The most important  
single factor influencing learning is  
what the learner already knows.**

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**Ako**  
AOTEAROA

The background of the entire image is a solid olive green color. Overlaid on this background are several large, detailed fern fronds in a slightly lighter shade of green, creating a textured, naturalistic backdrop.

# Reflection...

## is a transformational process

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Ako  
AOTEAROA

**The bird that consumes the miro berry,  
owns the forest. However, the bird that  
consumes learning, owns the world.**

**Ko te manu e kai ana i te miro, nōna te ngahere.  
Engari, ko te manu e kai ana i te mātauranga, nōna te ao.**

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